



MASSEY UNIVERSITY
CENTRE FOR PSYCHOLOGY

Conversations about Loss

Presenter: Maureen Frayling
Grief Centre



Date: Thursday 22 August 2019
9:00am – 4:00pm

Venue: MBS2.15, Massey University
Albany Expressway
Albany, Auckland

Overview of the training

In this experiential workshop we will explore dominant and recent discourses about death, grief, and loss. We will consider what models of grief dominate and how we might shift from the pathologizing of grief toward ideas that incorporate the multiple stories of resilience, culture, and ongoing relationships with the deceased. The day will include conversations with people who have experienced loss. You will also be asked to review your own responses to the losses you have experienced and how these losses contribute and enhance your work with others.

Outline of the day

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| 9.15 – 10.45 | Holding on or letting go – an exploration of grief theory and its application to work with loss. Exploring your own responses to personal loss |
| 10.45 -11.00 | Break |
| 11:00 -12.30 | In conversation with Peter and Johneen about Andrew |
| 12.30 – 1.30 | Lunch |
| 1.30 – 2.45 | In conversation with a Maureen Burke about her husband |
| 2.45 – 3.00 | Break |
| 3.00 - 4.00 | Open session to discuss points of interest arising from the day. Evaluation |

About the presenter

Maureen Frayling:

MNZAC, RN, Post Graduate Certificate in Supervision, MCounselling (1st class Hons), BHSc (Nursing), Cert. Midwifery

Maureen originates from the west of Ireland. She completed her nursing training in Dublin and midwifery qualification in Scotland. She spent three years working in various hospitals around London including a year at the West London Maternity a branch of Charing Cross Hospital. Prior to coming to New Zealand, she spent five years working in war torn Mozambique and two and a half years in Lesotho where her first son was born in a rural village hospital. She lived in Italy for three years where her second son was born. More recently (2016) Maureen spent a year in Samoa with Volunteer Service Abroad (VSA) working with the Samoa Victim Support Group.

On arrival in NZ Maureen worked at North Shore Hospital for a year before joining the North Shore Hospice where she worked as a palliative care nurse and counsellor for 15 years. She established the Family Support Department at the Hospice. Maureen moved to Northland in 2009 and was a senior lecturer in the Social Services Department at Northland Polytech (North Tec). She also spent 2008 and 2009 establishing the Grief Centre in Auckland and is a founding trustee of the Grief Centre. Maureen is now working at Northhaven Hospice Whangarei where she is the Palliative Care Nurse Specialist for Education.

Maureen has a long-term interest in how health professionals and the community manage and are supported through grief and loss. She is also passionate about how health professionals communicate with patients and families and across cultures.

She is married and has two adult sons.

Cost

\$250 for professionals

\$200 for Massey University staff (*permanent and fixed term*)

\$125 for students (*Full-time students only*)

Morning tea, lunch and afternoon tea is provided and included in the fee. Certificates of attendance are provided to all attendees who complete the workshop.

Numbers are limited and places will be allocated in order of receipt of registration.

How to Register

Please complete the [online registration form](#) for each attendee. [Secure credit card payment](#) can be made for one or multiple attendees or contact Helen for alternative payment options:

Helen McMaster, Centre for Psychology, Massey University,

Phone : 09 213-6095

Email : H.McMaster@massey.ac.nz

Cancellation Policy

If the workshop is cancelled due to lack of enrolments, a full refund will be given.

Refund requests received more than one week before the workshop will be refunded in full, requests received less than one week will incur a 50% charge.

No refunds will be made for non-attendance at the Workshop.